

Before Your First Visit

Complete Patient Information Form

We ask that you complete our health history form prior to or upon arrival to provide the doctor with information about you and your condition.

For your convenience, you can click [here](#) to access the office forms so that you can print and complete at home prior to your first visit. You will need Adobe Acrobat to view and print our patient information form.

Typical Consultation and Evaluation at Whole Body Health

During your examination, Dr. Ulery will discuss your condition and symptoms and perform specialized tests to assess the state of certain tissues. In certain cases, your condition may require x-rays or other diagnostic tests to either rule out more serious conditions or assist us in developing the most effective treatment plan for you. Your treatment plan will be individually tailored to you and may involve one or multiple visits. In all cases, you will be confident in knowing that you are receiving the utmost care from an expert in his field.

On a typical first visit, Dr. Ulery will examine your muscle balance and spine for misalignments, nerve interference and abnormal posture. He may check for sensitivity to electro-magnetic pollution as well as organ reflexes, gland weakness, food and environmental sensitivities infective organisms, adrenal gland dysfunction, and heavy metal toxicity. Nutritional supplements are often prescribed to aid the healing process. If you have a more serious health condition, we offer more specialized therapies to remove any abnormal stress patterns that may be contributing to your conditions. Please contact our office for a complementary CD-ROM that describes these therapies in detail.

Your Second Visit

After your first appointment, you will be given a convenient appointment time for your follow-up visit. In most cases, patients are seen within one to two days after their initial consultation and evaluation. Dr. Ulery will provide his examination findings and present you with a treatment options for your condition.

Successful Treatment

The key to success with your treatment is dependent upon you as much as your doctor. During your visits to Austin Whole Body Health, you will be advised of specific practices that you should adhere to after you leave the office. These may include ice or heat application, avoidance of certain activities, substances or foods and home exercises and/or stretches. There are a number of activities and exercises that you are taught to utilize to improve your overall wellness. Your treatment continues until you meet all of your health goals. As whole body health practitioners, we evaluate the Six Interferences to Wellness to find the cause of your condition, instead of focusing only on the symptoms. Approximately every thirty days, Dr. Ulery will re-evaluate your progress to ensure that you are improving as expected.

We offer a complimentary fifteen minute phone consultation so that you can meet with Dr. Ulery and discuss the services that Austin Whole Body Health offers. Mention "fifteen minute phone consultation" when you call the office to receive this service (there is no examination or treatment during this appointment).